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here. The principal of the school has asked me to give twenty-minute talks at intervals during the coming fall and winter terms. It seems to me much might be done in this way for the moral uplifting of boys and girls, and in teaching them to care for their own physical welfare, but I have had no experience in this line. I have confidence enough to begin, and during the summer I could gather my materials if I can get just a few good suggestions.

The Northern Westchester D. N. A. employs six graduate nurses, one to each district—a wide territory, as we visit not only in the villages but in the surrounding country. Our Instructive Committee of the association in this district is eager to have me do something of this kind. If you can give me any suggestion or put me in the way of getting any, I shall feel very grateful to you.

A SUBSCRIBER.

[If the writer will look back to the JOURNAL for April, page 561, she may find Mrs. Lounsbery's suggestions helpful. In Book Reviews of this issue of the JOURNAL is the notice of a bibliography, which is a guide to existing literature on this subject.—ED.]

#### APPRECIATION

##### I.

DEAR EDITOR: I have always had the JOURNAL in partnership with a fellow nurse, but desire it sent individually now, as I have taken charge of a hospital as superintendent and anæsthetist. The JOURNAL is the best of its kind in the country. May you be provided with the means to carry it on to perfection, is my earnest wish.

J. M. D.

Illinois.

##### II.

DEAR EDITOR: I look forward to the coming of each number of the JOURNAL with pleasure, could not think of doing without it. Have taken it a year and a half, and it is such a help. After I talked to Miss DeWitt at our state convention and heard her talk on the JOURNAL I have been more interested than ever.

E. H.

Indiana.